

The 20/20 Myth

Seeing 20/20 is only 1 of the 15 Visual Skills needed to Read, Learn, and Function in Life.

List of Visual Skills:

1. Good Acuity (the 20/20 part)
2. Good Focusing Ability (keeping words focused and shifting focus from far to near)
3. Good Eye Movements (tracking words across the page)
4. Good Eye Coordination (the two eyes work together to stay straight)
5. Figure-Ground Separation (being able to see an object apart from the background)
6. Visual Memory (ability to remember words and what was just read)
7. Visual Discrimination (ability to tell the difference between words like three and there)
8. Visual Closure (ability to read the whole word without reading every letter)
9. Sequential Memory (ability to remember a sequence of things)
10. Form Constancy (ability to recognize the same word in different sentences)
11. Visual-Spatial Relationship (ability to direct the eyes to the right spot in space)
12. Good Depth Perception (ability to see in 3-D, helps avoid clumsiness)
13. Good Automaticity (ability to think, coordinated eyes, etc automatically)
14. Good Visual Attention (ability to visually stay on as task like reading over time)
15. Visual Thinking (ability to process visual information into learning and memory)

Over 50% of the brain is dedicated to processing vision. And 85% of schoolwork requires good vision. Is your child using all his/her brain power and learning to the fullest of his/her potential?

Here's a short survey to find out if your son or daughter might be suffering from a learning related vision problem.

- Headaches after reading for a short amount of time.
- Comes home from school tired or complains about being sleepy when reading.
- Fidgets when doing up close work, but pays attention well when doing video games.
- Complains that words run together or jump around on the page when reading.
- Easily gets carsick even on short rides.

You are invited to a special workshop to learn more about how children need more than 20/20 vision to be successful in school and in life.

Contact: Carolanne H. Roach, OD

Location: Brain & Eye Connection Vision Clinic, PC
1530 SW 89th St, Bldg D-2
Oklahoma City, OK 73159

This workshop is hands-on and provides lots of opportunities to ask questions.

Please let us know in advance that you are coming so we can have enough refreshments available.